

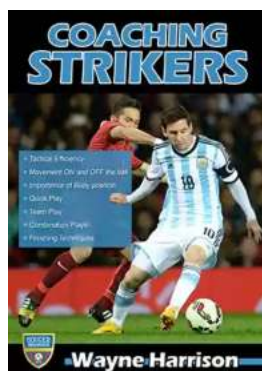
# The Ultimate Guide to Coaching Strikers: Become a Wayne Harrison Master

Coaching strikers is an art form that requires a unique blend of tactical knowledge, technical expertise, and psychological understanding. Wayne Harrison, a renowned expert in the field, has revolutionized the way we approach striker development. In this comprehensive guide, we will delve into Harrison's coaching philosophy, methods, and drills to help you become a master at coaching strikers.

## Understanding Wayne Harrison's Coaching Philosophy

Wayne Harrison firmly believes that the art of scoring goals can be taught and developed. His coaching philosophy revolves around creating a nurturing environment where strikers can thrive and grow. Unlike traditional coaching methods, Harrison emphasizes creativity, freedom of expression, and individualism in the attacking third of the pitch.

Harrison's philosophy is centered on three core principles:



## Coaching Strikers by Wayne Harrison(Kindle Edition)

★★★★☆ 4.6 out of 5

Language	: English
File size	: 22072 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 274 pages
Lending	: Enabled
Screen Reader	: Supported



1. **Instinctual Decision-Making:** Harrison encourages strikers to trust their instincts and make split-second decisions in front of goal. By training strikers to read the game and react intuitively, Harrison believes they can become more lethal in front of goal.
2. **Ball Mastery:** Harrison places a significant emphasis on technical proficiency. He believes that strikers must possess excellent ball control, dribbling skills, and the ability to manipulate the ball in tight spaces.
3. **Game Intelligence:** Understanding the tactical intricacies of the game is key to becoming a successful striker. Harrison focuses on teaching strikers how to exploit defensive weaknesses, create space, and make intelligent runs to create scoring opportunities.

## Drills and Exercises to Develop Strikers

Now that we have an understanding of Wayne Harrison's coaching philosophy, let's dive into some of the drills and exercises he recommends to develop strikers:

### 1. Shooting Masterclass

This drill focuses on improving a striker's shooting technique and accuracy. The coach sets up different shooting scenarios around the penalty area, varying the angle, distance, and type of shot. Strikers must use their instinctual decision-making skills to select the most appropriate shot and execute with precision.

Key Attribute: Coaching Strikers - Master the Art of Shooting with Wayne Harrison's Shooting Masterclass

## **2. Small-Sided Games**

Small-sided games are an integral part of Wayne Harrison's coaching methodology. By creating realistic game scenarios with fewer players, strikers can develop their game intelligence, decision-making, and movement off the ball. These games allow for increased touches on the ball and foster a competitive environment that replicates match situations.

Key Alt Attribute: Coaching Strikers - Improve Decision-Making and Game Intelligence with Wayne Harrison's Small-Sided Games

## **3. Movement and Positioning Drills**

Wayne Harrison emphasizes the importance of movement and positioning in the attacking third. Strikers must learn how to create space, time their runs, and exploit defensive vulnerabilities. Specific drills that focus on off-the-ball movement and positioning can help strikers improve their ability to find goal-scoring opportunities.

Key Alt Attribute: Coaching Strikers - Master Movement and Positioning with Wayne Harrison's Targeted Drills

## **The Psychological Aspect of Striker Development**

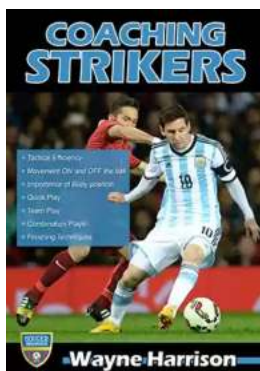
Coaching strikers isn't just about the technical and tactical aspects of the game. The psychological aspect plays a crucial role in their development as well. Wayne Harrison firmly believes in instilling confidence, self-belief, and a positive mindset in his players.

Harrison understands that strikers often face immense pressure and expectation to score goals. Therefore, he emphasizes creating a supportive and encouraging

environment where players feel empowered to take risks and showcase their creativity.

Coaching strikers can be a complex and rewarding endeavor. Wayne Harrison's innovative approach to striker development has transformed the way we understand and teach the art of scoring goals. By focusing on instinctual decision-making, ball mastery, and game intelligence, Harrison's methods have proven to be highly effective.

So, whether you're a coach looking to refine your striker coaching skills or a player aspiring to become a deadly finisher, implementing Wayne Harrison's philosophy and drills will undoubtedly take your game to the next level. Embrace the creativity, trust your instincts, and become a Wayne Harrison master.



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When we think of the great strikers in soccer history; players like Messi, Ronaldo, Pele, Maradona etc; the most prominent images convey the moments just before, during, and after a goal is scored. The shooting pose, the striker watching the ball fly past a beaten goalkeeper, the euphoric celebration. But what of the movement, the awareness, the cooperation with teammates, the quick decision

making, the guile that led to the goal being scored? Striker play in soccer is an art. It requires an understanding of angles, a sense of timing, an awareness of space, great vision, close ball control and shooting skills, and of course the mysterious "nose for goal". This book explores methods to develop great strikers through specific training routines, including:

Shooting and Finishing Exercises

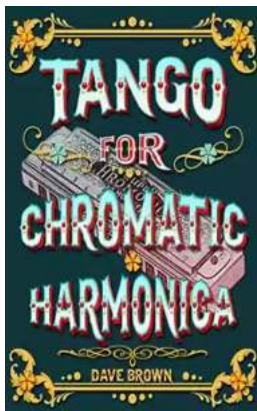
Small Sided Games

Functional Training and Phase Play

Specific Movements and Formations

Emphasis on Body Position

Awareness Training



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