

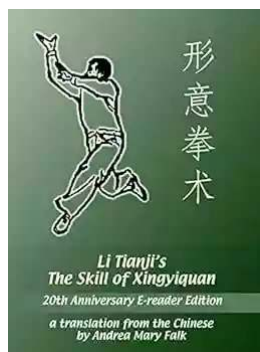
# The Skill Of Xingyiquan: Li Tianji 20th Anniversary Reader Edition

Are you ready to embark on a journey to unlock the secrets of a martial art form that has been practiced for centuries? Look no further than Li Tianji's groundbreaking book, "The Skill Of Xingyiquan." Celebrating its 20th anniversary, this reader edition offers a comprehensive insight into the art, guiding both beginners and experienced practitioners towards mastery.

Xingyiquan, also known as "Form-Intent Boxing," is a Chinese martial art that originated from the Ming Dynasty. It is renowned for its unique internal cultivation and explosive power. Li Tianji, a legendary Xingyiquan grandmaster, dedicated his life to refining and promoting this martial art form, and his book serves as the ultimate resource for practitioners around the world.

## A Comprehensive Guide to Xingyiquan

Li Tianji's "The Skill Of Xingyiquan" provides a comprehensive exploration of the art, covering its history, philosophy, and technique. Whether you are a novice or an experienced martial artist looking to expand your repertoire, this book offers a valuable roadmap to understanding the essence of Xingyiquan.



## Li Tianji's The Skill of Xingyiquan 20th Anniversary E-reader Edition

by Andrea Falk(Kindle Edition)

★★★★☆ 4.7 out of 5

Language : English

File size : 9985 KB

Text-to-Speech : Enabled

Enhanced typesetting: Enabled

Print length : 424 pages



The reader edition's in-depth chapters dive into the fundamental principles of Xingyiquan. From the cultivation of internal energy, known as Qi, to the Five Element Fists and Twelve-Animal Forms, every aspect of this martial art form is carefully dissected with clear explanations and detailed illustrations.

For those interested in the practical application of Xingyiquan, Li Tianji also provides practical combat techniques, focusing on the efficient use of power, speed, and body movement. The book goes beyond physical techniques, delving into the training of the mind and spirit, elevating Xingyiquan to a holistic art form that encompasses the entire being.

## **The Legacy of Li Tianji**

As we celebrate the 20th anniversary of "The Skill Of Xingyiquan" reader edition, it is essential to acknowledge the remarkable legacy left behind by Li Tianji. He was not only a highly skilled practitioner of Xingyiquan but also an esteemed teacher, dedicated to sharing his knowledge with the world.

Li Tianji inherited the Xingyiquan tradition from his father, Li Yulin, a prominent student of the legendary Xingyiquan master Guo Yunshen. Li Tianji's passion and commitment led him to refine and innovate Xingyiquan, devising new training methods and sharing his insights through his book.

"The Skill Of Xingyiquan" became a cornerstone for the dissemination of Xingyiquan knowledge worldwide, ensuring that this ancient art form continues to thrive to this day. Li Tianji's influence reached far beyond China, with countless

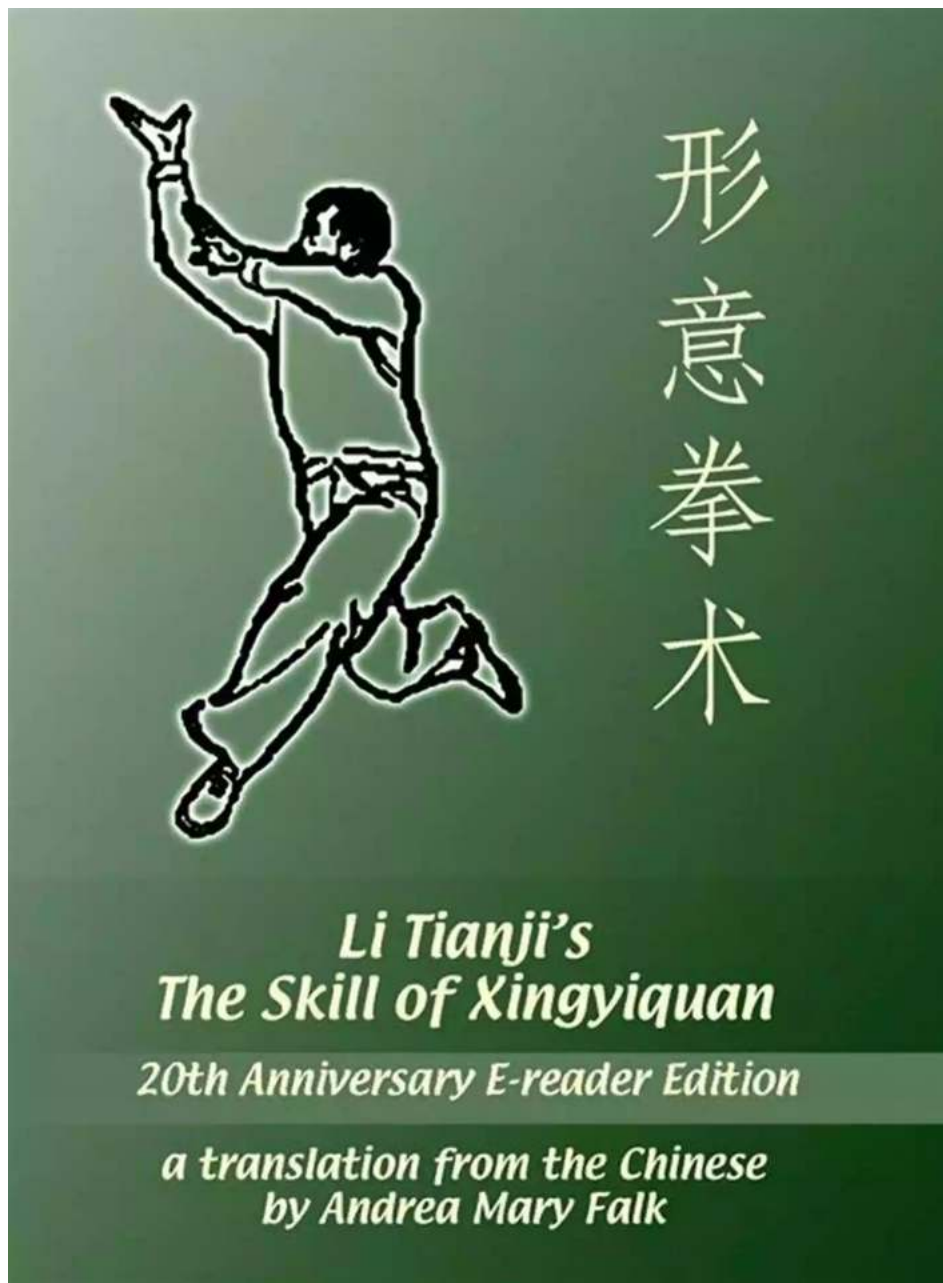
practitioners benefiting from his teachings and contributing to the preservation of Xingyiquan.

## **Unlocking the Potential Within**

Xingyiquan is not merely a fighting technique but a way of life. Through training, practitioners gain physical strength, mental clarity, and enhanced overall well-being. Li Tianji's book offers readers an opportunity to tap into the transformative power of Xingyiquan and discover their own limitless potential.

By following the guidance provided in "The Skill Of Xingyiquan," readers will embark on a journey of self-discovery and personal growth. The book provides step-by-step instructions, allowing individuals to progress at their own pace while mastering the art of Xingyiquan.

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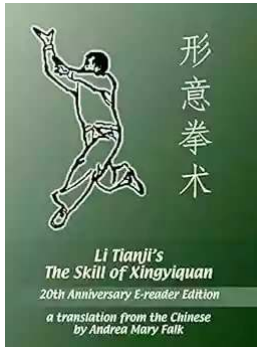


## Inspire Your Journey with "The Skill Of Xingyiquan"

Whether you are a martial arts enthusiast or someone seeking a path towards physical and mental advancement, Li Tianji's "The Skill Of Xingyiquan" is a must-read. This 20th anniversary reader edition serves as an all-encompassing guide

to Xingyiquan, offering invaluable knowledge and insights to help you unlock the secrets of this ancient art form.

Begin your journey today and embrace the power of Xingyiquan, a martial art that goes beyond physical techniques, shaping the practitioner into an individual of exceptional character and resilience.



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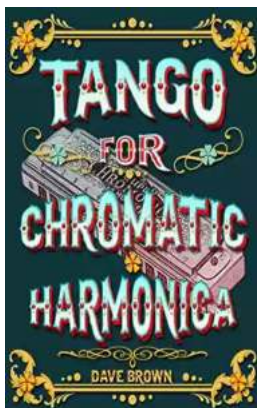
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Screen Reader : Supported



This is tgl books 20th Anniversary, with a new edition of Li Tianji's The Skill of Xingyiquan. This is still one of the most complete books on Xingyiquan, with a good variety, and the classic texts of Xingyiquan included.



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