

Step By Step Video Tutorial With Patterns To Make Custom Fitted Barefoot Shoes



Are you tired of purchasing ill-fitting shoes that compromise your comfort and foot health? Why not try making your own custom fitted barefoot shoes? Not only will they provide the perfect fit, but you'll also have the opportunity to showcase your creativity. In this comprehensive guide, we will walk you through the process with step-by-step video tutorials and downloadable patterns. So grab your materials and let's get started!

Materials Needed

Before we begin, make sure you have the following materials:



DIY Moccasins: The Moon: A Step-By-Step Video Tutorial With Patterns To Make Custom-Fitted Barefoot-Shoes With Basic Hand Tools.

by Kim Schaefer([Print Replica] Kindle Edition)

★★★★★ 5 out of 5

Language : English

File size : 29905 KB

Screen Reader : Supported

Print length : 119 pages



- Thin and flexible sole material
- Elastic fabric for the upper part
- Thread and sewing needles
- Scissors
- Marker or chalk
- Pins
- Measuring tape

Step 1: Measuring Your Feet

The first step in creating custom fitted barefoot shoes is to measure your feet accurately. Grab your measuring tape and follow these instructions:

1. Place your foot on a piece of paper and trace the outline with the marker or chalk.
2. Measure the length from the longest toe to the heel and note it down.

3. Measure the width of the widest part of your foot and note it down.

Remember to measure both feet as they may differ slightly in size.

Step 2: Creating the Patterns

Now that we have the measurements, it's time to create the patterns for our barefoot shoes. For your convenience, we have provided downloadable patterns which you can print and use as a reference. The patterns include the sole and upper parts of the shoes.

Alt Attribute: Custom Fitted Barefoot Shoe Patterns

To download the patterns, [click here](#).

Step 3: Cutting the Materials

With the patterns ready, it's time to cut the sole and upper materials for your barefoot shoes.

1. Place the sole pattern on the sole material and trace it twice.
2. Cut the traced patterns from the sole material.
3. Place the upper pattern on the elastic fabric and trace it twice.
4. Cut the traced patterns from the elastic fabric.

Step 4: Sewing the Shoes

Now that all the materials are ready, let's sew the barefoot shoes together.

1. Take one sole piece and one upper piece.
2. Align the edges and pin them together.

3. Sew along the edges using a basic running stitch.
4. Repeat the process with the remaining pieces.

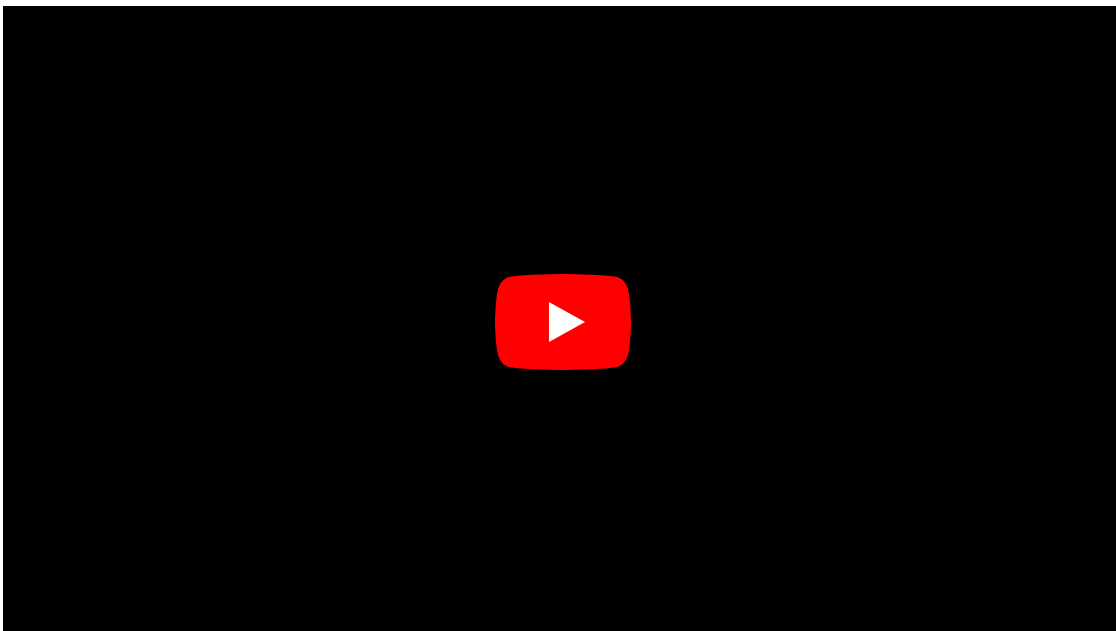
Step 5: Try Them On!

Congratulations! You have successfully created your own custom fitted barefoot shoes. Now it's time to try them on and enjoy the comfort and freedom they provide.

Remember, making your own shoes can be a trial-and-error process, so don't get discouraged if the first pair doesn't fit perfectly. Adjustments can always be made for your next creation.

With these step-by-step instructions and video tutorials, you are well on your way to becoming a barefoot shoe-making pro. So unleash your creativity and start making unique and perfectly fitting barefoot shoes today!

Video Tutorial





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Moccasins are soft-soled leather shoes that act and feel just like a second skin. They are perfect for protecting your feet from sharp objects, dirt, etc., while simultaneously allowing you to feel the ground's texture. They are perfectly suitable to wear outdoors, but they also make very good indoor shoes.

Learn how to make custom-fitted leather moccasins by hand.

With this book, you will gain access to 2 hours of video, in which Lougaya will clearly and precisely demonstrate how to make a pair of her moccasins, all with very few simple tools. What sets these moccasins and patterns apart from others that you will find on the market is that these are made to be adjusted exactly to the morphology of each individual person.

Lougaya's video tutorial helps viewers understand the right gesture, whereas the book helps you keep track of each step in order. Even after your first pair, this book is useful to remember how to make them without having to watch all the videos again.

Beginners might take one day to achieve their first pair of moccasins, but with practice, a pair can easily be done in 2 to 3 hours only.

Patterns cover sizes EU 32 to 48 / US 3 to 13 / UK 1 to 12 in all morphology types, including people with bunions.

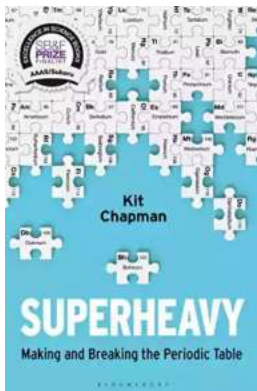
Note: The Moon moccasins are advisable for people with a strong instep (when the width around the arch/instep is wider than around the ball of the foot).

Although the pattern can be adjusted in shape, it is the best pattern for people with rather pointy feet.



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