

Static Line Parachuting Techniques And Training Field Manual FM 21-220 FM 57 - The Ultimate Guide

Welcome to the ultimate guide on static line parachuting techniques and training, exploring the invaluable resource known as Field Manual FM 21-220 FM 57.

Whether you're a novice or an experienced skydiver, this comprehensive manual provides in-depth knowledge, tips, and tricks to enhance your skills and ensure a safe jump every time. From understanding the science behind parachuting to the step-by-step procedures, let's dive into the world of static line parachuting.

The Fascinating World of Static Line Parachuting

Static line parachuting is a method where the parachute is deployed automatically as soon as a jumper exits the aircraft. It is a widely used technique in military operations, providing rapid deployment of personnel and equipment onto a designated drop zone.

Field Manual FM 21-220 FM 57 serves as the go-to reference for static line parachuting. It offers a detailed breakdown of the entire process, covering everything from pre-jump preparations to landing techniques. The manual's extensive knowledge allows jumpers to familiarize themselves with the essential equipment, protocols, and various scenarios they may encounter during a jump.

**Static Line Parachuting Techniques and Training
Field Manual FM 3-21.220 (FM 57-220) MCWP 3-
15.7 AFMAN 11-420 NAVSEA SS400-AF-MMO-010
September 2003**

by United States Government US Army(Kindle Edition)



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Screen Reader : Supported
Enhanced typesetting : Enabled
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The Importance of Training and Safety

One of the critical aspects of static line parachuting is the emphasis on comprehensive training. FM 21-220 FM 57 outlines the step-by-step training process, ensuring that jumpers understand the essentials of proper parachute deployment, emergency procedures, and landing techniques. This comprehensive training significantly reduces the risks associated with parachuting.

Understanding and implementing safety protocols is another vital aspect covered in Field Manual FM 21-220 FM 57. From conducting pre-jump safety checks to evaluating weather conditions, the manual offers important guidelines to ensure a safe and successful jump every time. Proper training and adherence to safety procedures enhance the overall experience for skydivers and contribute to their continued growth and advancement in the sport.

The Content of Field Manual FM 21-220 FM 57

The manual consists of several chapters, each focusing on different aspects of static line parachuting:

Chapter 1: Parachutists' Individual Equipment and Conduct Equipment Inspection

This chapter provides an in-depth analysis of the individual equipment necessary for a jump, including the parachute itself, harness, and other essential gear. It explains how to properly inspect and maintain the equipment to ensure optimal functionality and safety during a jump.

Chapter 2: Pre-jump Training and Equipment Checks

Here, the manual delves into the crucial pre-jump techniques and exercises that prepare jumpers for a successful deployment. It covers various training methods, practicing emergency procedures, and conducting rigorous equipment checks to minimize the risks associated with static line parachuting.

Chapter 3: Exiting the Aircraft

This chapter focuses on the correct techniques for exiting the aircraft. It explains the importance of body positioning, the sequence of actions involved in exiting, and specific instructions for different types of aircraft.

Chapter 4: Parachute Landing Falls

Field Manual FM 21-220 FM 57 provides detailed instructions on performing proper parachute landing falls to minimize the risk of injuries during landing. It covers various techniques for different types of landings, including the PLF, airborne position, and proper rolling techniques.

Chapter 5: Emergency Procedures

The manual highlights the emergency procedures that jumpers must be familiar with to handle unexpected situations. It covers techniques such as cut-away

procedures, reserve parachute deployment, and emergency landings, ensuring that jumpers remain prepared for any eventuality.

The Continuous Evolution of Static Line Parachuting

Field Manual FM 21-220 FM 57 also recognizes the ever-evolving nature of static line parachuting and emphasizes the need for continuous learning and improvement. It encourages jumpers to stay informed about the latest advancements in equipment, techniques, and safety protocols, all of which contribute to better performance and enhanced safety.

Regularly reviewing and practicing the techniques discussed in the manual is crucial for both beginners and experienced jumpers. It is through this continuous learning process that jumpers become proficient and develop a deep understanding of static line parachuting.

Become a Master Jumper with FM 21-220 FM 57

Static line parachuting is an exhilarating and challenging sport that requires proper knowledge and skills. Field Manual FM 21-220 FM 57 serves as an invaluable companion, equipping jumpers with the necessary expertise to excel in their endeavors.

By adhering to the guidelines set forth in the manual, jumpers can enhance their safety, minimize the risks associated with parachuting, and achieve optimal performance. Remember, practice, adherence to safety protocols, and continuous learning are the keys to becoming a master jumper in the world of static line parachuting.

Field Manual FM 21-220 FM 57 is a treasure trove of information for anyone interested in static line parachuting. Its comprehensive approach, from equipment

maintenance to emergency procedures, provides jumpers with the knowledge needed for a safe and fulfilling experience.

Embrace this ultimate guide as your go-to resource, and embark on an incredible journey into the fascinating world of static line parachuting. Stay curious, keep learning, and soar high with FM 21-220 FM 57!



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This manual contains basic and advanced training and techniques for static line parachuting. It is designed to standardize procedures for initial qualification and training of personnel in their duties and responsibilities in airborne operations. The jumpmaster, assistant jumpmaster, safeties, DACO, DZSTL, and DZSO occupy key positions in airborne operations. This manual contains the initial training and qualifications of the personnel designated to occupy these critical positions.

SOF unit personnel must meet the requirements for static line parachuting contained in this manual as well as provide special training and instruction for nonstandard equipment, aircraft, and personnel procedures. These procedures are documented in FM 31-19, TC 31-24, TC 31-25, and USASOC Reg 350-2.



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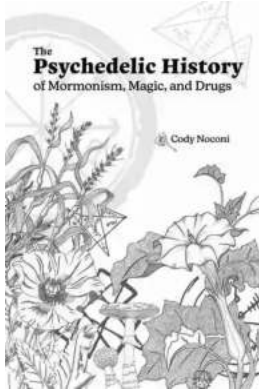
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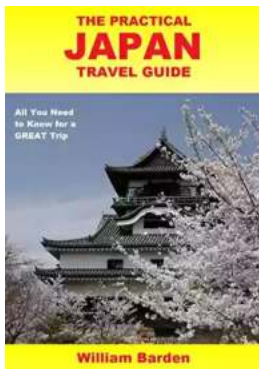
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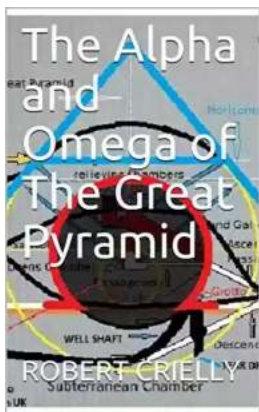
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