

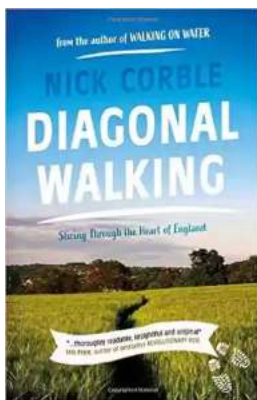
Diagonal Walking: Slicing Through The Heart Of England

England is a country with a rich history and picturesque landscapes that are perfect for exploring on foot. While many people prefer traditional walking routes, there is a lesser-known method of traversing the country that offers a unique and rewarding experience – diagonal walking.

Diagonal walking involves crossing England in a diagonal direction from one corner to the opposite corner, slicing through the heart of the country. It is an ambitious undertaking that requires careful planning and preparation, but the rewards are well worth the effort.

Why Choose Diagonal Walking?

Diagonal walking allows you to discover hidden gems and experience England in a way that few others have. Unlike popular walking routes, which can be crowded and well-trodden, diagonal walking offers a sense of solitude and adventure. You'll find yourself exploring lesser-known areas, encountering charming villages, and discovering breathtaking landscapes that will leave you in awe.



Diagonal Walking: Slicing Through the Heart of England by Dave Hamilton (Paperback – April 9, 2019)

★★★★☆ 4 out of 5

Language	: English
File size	: 128728 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
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Item Weight	: 14 ounces
Dimensions	: 7.76 x 1.14 x 5.16 inches



This unique walking challenge also provides a chance to see England's diverse countryside. From rolling hills and idyllic farmland to rugged moorlands and pristine coastal paths, you'll witness the country's beauty in all its glory. By traversing diagonally, you'll experience a kaleidoscope of landscapes, each with its own character and charm.

Planning Your Diagonal Walk

Before embarking on a diagonal walking adventure, careful planning is essential. Firstly, decide which diagonal route you want to take. Several popular options exist, such as the Southwest to Northeast diagonal or the Northwest to Southeast diagonal. Research each route and choose the one that appeals most to you.

Next, map out your itinerary, taking into account the distance you wish to cover each day and the duration of your walk. Be realistic with your expectations, as diagonal walking can be physically demanding. Ensure you have suitable accommodation options along the way and plan for rest days to allow your body to recover.

When it comes to packing, remember that lighter is better. Optimizing your gear for weight and efficiency will make your journey more enjoyable. Don't forget essentials like a good pair of walking boots, waterproof clothing, sufficient food and water supplies, and a reliable map or GPS device.

In terms of fitness, it's advisable to start your journey with a decent level of cardiovascular fitness and endurance. Engage in regular exercise and take part in practice walks to prepare your body for the challenges ahead. This will enhance your overall experience and minimize the risk of injury.

The Highlights of Diagonal Walking

One of the standout highlights of diagonal walking is the opportunity to encounter England's stunning national parks. From the expansive beauty of the Lake District to the pristine landscapes of the Peak District and Yorkshire Dales, you'll witness some of the country's most breathtaking scenery.

Another highlight is the chance to explore charming market towns and historic cities that are scattered along your route. From Bath and Bristol in the southwest to York and Newcastle in the northeast, you'll experience the rich cultural heritage and architectural splendor of these vibrant urban areas.

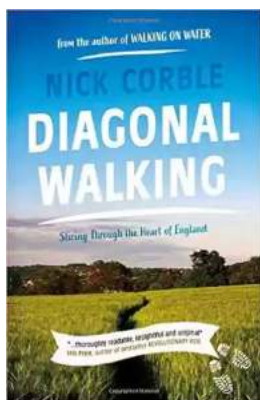
The unspoiled coastline of England is yet another enchanting feature of diagonal walking. If you choose a diagonal route that passes through coastal areas, prepare to be mesmerized by rugged cliffs, sandy beaches, and picturesque fishing villages. The Northumberland Coast Area of Outstanding Natural Beauty and the Jurassic Coast are particularly noteworthy.

The Sense of Achievement

Completing a diagonal walk across England is an incredible achievement that will leave you with a tremendous sense of satisfaction. The combination of physical exertion, mental resilience, and the awe-inspiring landscapes encountered along the way make it a journey you'll never forget.

Diagonal walking is not just about covering a distance; it's about immersing yourself in the beauty of England, connecting with nature, embracing solitude, and challenging yourself both physically and mentally. It's an adventure that will ignite your wanderlust and leave you yearning for more.

So, if you're ready to embark on a unique walking experience that slices through the heart of England, consider taking up the challenge of diagonal walking. Prepare yourself for unrivaled beauty, hidden treasures, and a journey of a lifetime.



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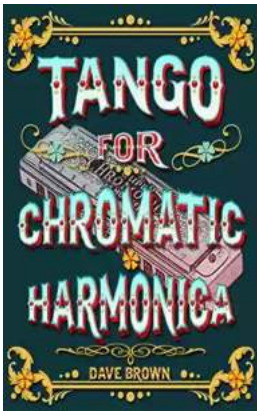


Like many others, Nick Corble was confused. Unsure of where his country was going, he decided to get engaged rather than enraged. Using only public footpaths, Diagonal Walking traces a walk along a unique line cut at 45 degrees through the very centre of the country. Starting just north of Liverpool and ending

on the south coast of Kent, Nick passed through affluence and austerity. Writing with disarming honesty, he chronicles what he discovered, not only about his fellow countrymen, but also about the state of the nation itself as it faced its greatest challenge for generations.

Diagonal Walking is more than simply a long distance walk or another take on Brexit. Determined to reach out to listen to, and learn from, as many voices as possible, Nick planned to involve both the virtual and real world in his trek. As he donned his rucksack for the first time, what he couldn't have foreseen was that the summer of 2018 would be marked by extremes of both weather and politics unseen for at least forty years.

Funny and insightful, Diagonal Walking packs a punch, providing the reader with plenty of food for thought, and maybe even the incentive to do something similar.



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